Out-Patient Management of Severe Acute Malnutrition

FLOW CHART

SCREEN FOR MALNUTRITION
Measure MUAC and check oedema

MUAC ≥ 12cm and no oedema

Congratulate the mother; give Health & Nutrition education

MUAC < 11cm and/or oedema

CHECK FOR COMPLICATION

MUAC ≥ 11cm < 12cm and no oedema

- Refer to supplementary feeding
- Counsel the mother

DO THE APPETITE TEST

No complication

Refer to IN-PATIENT CARE
(Hospital or Health Centre)

Complication

FAIL APPETITE TEST

Pass appetite test

ADMIT IN OTP

- Register the patient
- Give routine medicine and weekly RUTF supply
- Give education on RUTF feeding and medicine administration at home
- Give new appointment after 1 week

FOLLOW-UP EVERY WEEK

- Check for complication
- Test the appetite
- Take weight and MUAC, check oedema
- Give weekly RUTF supply if discharge criteria not yet met

Return of appetite and reduction of oedema

Fail appetite test and/or develop complication; fail to respond to treatment after 2 months

Discharged criteria met

Return of appetite and reduction of oedema

Federal Ministry of Health